



THE LEADING KNOWLEDGE FORUM IN PHYSIOTHERAPY HIGHER EDUCATION  
IN EUROPE. A HOME FOR EDUCATORS, STUDENTS AND PROFESSIONALS.

# ACTIVITIES AND FINANCES REPORT

## YEAR 2023

Authors:

Board of Directors

Bjorg Gudjonsdottir, University of Iceland . Iceland

Ipek Gurbuz, Hacettepe University, Faculty of Physical Therapy and Rehabilitation, Turkey

Jasmin Pekaric, University of Applied Sciences Leiden, The Netherlands

Patrícia Almeida, Alcoitão Health School Portugal

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## INTRODUCTION

This report combines the presentation of the activities (section1) and financial (section 2) reports, related to the association activity in 2023.

# SECTION 1 - ACTIVITIES REPORT

## Activities involving costs (financial report)

### Supporting publications resulting from Working Groups

Support of two publication in peer-reviewed journals of the following outputs from WG:

- Research:
  - Boshnjaku A, Arnadottir SA, Pallot A, Wagener M, Äijö M. Improving the Evidence-Based Practice Skills of Entry-Level Physiotherapy Students through Educational Interventions: A Scoping Review of Literature. International Journal of Environmental Research and Public Health. 2023; 20(16):6605. <https://doi.org/10.3390/ijerph20166605>
- Facilitation of Learning
  - G. Gonzalez-Caminal, M. Kangasperko. (2023). Co-creating in International Environments—A Clinical Reasoning Course for Physiotherapy Students. The Educational Review, USA, 7(4), 443-448. DOI: <http://dx.doi.org/10.26855/er.2023.04.009>

### Events

- Spring Seminar – Western Norway University of Applied Sciences - Norway - Educating Physiotherapists for a Global Mindset – 9 – 11 March 2023
  - 112 participants
  - During the seminar a new WG was launched: Emergent Topics in Physiotherapy, with the topic address this year being “AI and ChatGPT’s impact on Physiotherapy Education and Research”
  - We counted with the presence of a colleague from the United States of America, Julia Chevan, Professor of Physical Therapy in Springfield College, Massachusetts and Member of the Executive Board American Council of Academic Physical Therapy (ACAPT). ACAPT is the United States association representing the 256+ institutions of higher education in physical therapy. ACAPT's core purpose is to lead physical therapy in pursuit of academic

excellence. It was a great pleasure to have her with us and discuss possible collaborations.

- Programme: see appendix 1
  
- Autumn conference – Charles University - Faculty of Physical Education and Sport – Prague Czech Republic - Educating Physiotherapists for a Global Mindset – 5 – 7 October 2023
  - 250 participants
  - Meeting with the editors from the journal Archives of Physiotherapy' to discuss a "call for editors" for a new editorial section dedicated to education, where which ENPHE would be an editor for this section.
  - Attribution of two bachelor and two master graduation projects awards
  - Information for the need of elections of the new president to the General Assembly Board and a new member to the Board of Directors, which will happen in January 2024
  - Programme: see appendix 1

### **Activities Communications Officer**

- Promoting ENPHE events (Seminar in Bergen and Conference in Prague)
- Supporting organization of ENPHE events
- Maintaining the ENPHE website (updated information on events, working group development, membership information)
- Development of bi annual newsletters (13th of April 2023 and 9th of November 2023)
- Management of social media channels of ENPHE (LinkedIn, Facebook and Instagram): includes ideation, content creation and copywriting.
- Development of a marketing proposal for ENPHE: includes research, designing and budgeting)
- Filming and editing pictures and videos for digital channels during ENPHE events (Seminar in Bergen and Conference in Prague)
- Management of website membership: includes verification and approval of membership request into the website
- Liaise with working group facilitators for updated information of works developed and advice on how best to disseminated within the ENPHE network. The financial report associated to these events are presented in the next section: Financial Report.

### **Activities not involving costs**

#### **Organisational development**

- Board of directors meeting every 6 weeks (online)
- Governing boards meetings every 4 months
- Revision of governance guidelines
- Revision of the events guideline
- PIC and OID number acquisition
- Continuous adjustment of documents to the website
- Development of the survey “Role of ENPHE in organising continuous professional development for educators” and data analysis, leading to the decision of a new offer to ENPHE members: CPD courses pre-events from 2024 on.

- ENPHE has officially launched its digital magazine of ENPHE publications. Publications will now be identified by the ENPHE International Standard Serial Number (ISSN) 2975-8637. This will allow ENPHE Working Group outputs to be published under the ENPHE ISSN, protecting its intellectual value and be officially recognised.
- Acquisition of new members
  - Connection with 4 (new) Italian members.
  - 13 new members joined the association
  - Currently we have 172 members, representing 34 countries

### **External collaboration or support**

- Support to German Professional Association in advocating to Higher Education Level for Physiotherapy profession;
- Support to Kosovo Universities advocating to the need of Master and PhD levels in Physiotherapy and Other related Scientific areas for educators in Physiotherapy Higher Education;
- Associate partner in the ERASMUS project INPRO: interprofessionalism in action! Aligning interprofessional education and collaboration in practice, using regional experiences for international exchange. Dissemination of the outputs;
- Signature of the MoU with European Pain Federation EFIC and further collaboration with their survey and writing the foreword to the Core PAIN Curriculum for bachelor/ pre-registration physiotherapy programmes, published in August 2023;
- Collaboration with the Environmental Physiotherapy Association with the creation of a co-creating working group;
- Collaboration with the Journal Editors of “Archives of Physiotherapy” (Italian Journal).

### **Developments and Outputs of the different Working Groups**

#### Practice-based learning

- No specific activities were developed this year. However, the group is active and will develop activities during 2024.

#### Professional issues

- Physiotherapy competencies for Autonomous practice - Recommendations for educational frameworks
- Start of the development of clinical cases to be used by the memberships to educate for Direct Access and Autonomous professionals

#### Interprofessional issues

- Results of IPL-activities in Europe
- Interactive Map of Interprofessional Learning Activities

#### Internationalisation

- The global competent physiotherapist - Developing: 1) Learning outcomes; 2) Assessment; 3) Learning activities.

#### Research

- Scoping review group: Evidence-based physiotherapy and education, scoping review article to gather and support good teaching practices in evidence-based physiotherapy.
- Theses award group: Bachelor Thesis and Master Thesis Awards.
- Objective: engage bachelor and master students from the partner schools to share their thesis; value the research developed by students. Each year, 2 best bachelor and 2 master thesis submitted are awarded. Application requirements and selection criteria for the ENPHE Bachelor Thesis.
- ERASMUS+ Blended Intensive Programme (BIP). Topic: Evidence-Based Physiotherapy, coordinated by Marja Äijö, Savonia University of Applied Sciences in autumn 2023.
- More Life to Your Years: research and innovation project.
- Facilitating teaching of research and scientific methods: New ideas for teaching in physiotherapy.

#### Facilitation of learning

- Project on Simulation in physiotherapy education

#### Emergent Topics – Artificial Intelligence

- AI Toolkit - This toolkit offers a comprehensive collection of resources to facilitate the integration of AI-powered tools into both education and research. For a detailed and up-to-date list of resources, please follow this link <https://docs.google.com/spreadsheets/d/e/2PACX-1vR8FoYjUyUjanWamqSCZ550fzgXfBzEFoa2AyGXcDMGFtgUwKsFiXWRXX0w7ce7nT2wM71bNE4bMqzK/pubhtml>.
- Survey - Use of Artificial Intelligence in Physiotherapy Education and Research - The aim of this survey is to understand the knowledge, usage patterns, attitudes, concerns, and perceived necessities regarding the integration of AI in education and research.

#### Environmental physiotherapy

- Development of a 'Making a start with EPT education' workshop handbook
- Development of Kickstarter slides to provide physiotherapy educators around the world with a simple starting point to integrate planetary health, environmental, and sustainability education into their teaching, with a focus on this central learning dimension.
- This information is available at <https://environmentalphysio.com/education/kickstarter-slides/>

#### Students Group

- During the 2023 ENPHE Conference in Prague, students focused on technology in physiotherapy. We counted with a record number of participants, counting with over 90 students.

In terms of activities, we accomplished all that were planned and approved by the membership for this year.

## SECTION 2 – FINANCIAL REPORT

The financial report is related with the financial transactions related with running the association and presents the following figures (see table 1):

- Bank saldo in January 1<sup>st</sup> 2023
- Year financial transactions: income and expenses
- Year final balance
- Bank saldo in December 31<sup>st</sup> 2023

The **income** is dependent on annual membership fees and events fees. From this year we have a profit of € 11.357,24, resulting from a higher income. Regarding events, we had a loss of € 2.219,79 from the seminar and a profit of € 593,44 from the conference, (the travel expenses 4.493,83 in the conference are included).

**Expenses** are divided in fixed costs and variable costs:

- Fixed costs: secretary, communications officer, headquarters office, website domain, G-suit for email accounts, certified accountant; thesis awards prizes and bank count costs and transactions
- Variable costs: board expenses with events; events organisations, extraordinary investments

As a non-profit organization, the expected balance is break-even, unless there are strategic investments as it was the case in 2022 with the development of the new website and the finalization of the formal organization procedures. During 2023 we performed above the budget planned:

### BUDGET 2024

#### INCOMING

- Annual fee – 145 (paying) members – 42,000 €
- Seminar profits when existing
- Conference profits when existing

**COSTS** (anticipated)– 42,000 €

Standard – 30,000 €

Activities plan – 12,000 €

#### FINAL BALANCE

0 €



In table 1, you can find the specific figures with the final balance of € 11.357,24

Table 1 – Financial overview of 2023

	2023	2022
Bank saldo Jan 1st	72.841,50	73.676,92
<b>Income</b>	<b>124.783,53</b>	<b>79.384,05</b>
Membership fees	50.911,88	47.514,05
Seminar	22.723,65	1.850,00
Conference	51.148,00	30.020,00
<b>Expenses</b>	<b>113.148,82</b>	<b>80.009,36</b>
Fixed costs	31.426,29	27.684,36
Secretary	13.251,84	13.736,52
Communications officer	12.000,00	9.600,00
G-suit jan-oct	603,83	603,83
Publications	1.853,30	766,89
Headquarters office	885,80	737,80
Certified accountant	1.984,50	2.059,02
Bank	397,02	184,13
Thesis awards	450,00	600,00
Variable costs	81.722,53	52.325,00

(New) website	430,50	12.546,00
Laptop, tripod, camera tools, logo fin. program	571,57	2.781,50
Travel expenses GB Bergen (which were not included in the seminar budget)	4.335,58	13.566,06
Seminar/conferences (accommodation, dinners, gala dinner, rooms rent, welcome reception and traveling cost to the conference, presents, keynote speakers)	75.934,88	23.431,44
Honorary member costs	not applicable	not applicable
<b>Balance</b>	<b>11.357,24</b>	<b>625,31</b>
Bank saldo Dec 31st	94.826,32**	72.841,5*

\* some income from 2022 only entered the bank account in January 2023

\*\* some income and some expenses 2023 only entered/were done in the bank account in in Q1-2024

## Conclusion

Overall, the association had an active and productive year, accomplishing the expected activities and being able to provide extra support when required, as for instance to colleagues in Germany and Kosovo.

From the financial perspective, the situation is stable and adequate. Even with extraordinary investments, the regular transactions seem to be well balanced, providing room for further development for the benefit of the membership.

APPENDICE 1 – PROGRAMMES OF EVENTS

**ENPHE Spring Seminar 2023- 09-11 March 2023, "Educating Physiotherapists for a Global Mindset", Western Norway University of Applied Sciences, Bergen**

Thursday – ESB day and Boards meeting day (to be held in separate halls)	Friday – seminar	Saturday - seminar	
<p><b>ENPHE Students Day – Student Program</b></p> <p><b>08:30 – 09:00</b> Arrival and registration  <b>09:00 – 10:30</b> Students conference  <b>10:30 – 11:00</b> Coffee break &amp; networking  <b>11:00 – 12:30</b> Students conference  <b>12:30 – 14:00</b> Lunch break &amp; networking  <b>14:00 – 16:00</b> Students conference  <b>16:30 – 17:30*</b> ENPHE Board of Directors meeting with the Students’ Representatives</p>	<p><b>ENPHE Boards and Working Group Facilitators – ENPHE Management Program</b></p> <p><b>08:30 – 09:00</b> Arrival and registration  <b>09:00 – 09:30</b> ENPHE Boards meeting with the Local Organizing Committee  <b>09:30 – 11:30</b></p> <ul style="list-style-type: none"> <li>• ENPHE Board of Directors meeting</li> <li>• Working Group Facilitators meet each other (in a separate hall)</li> </ul> <p><b>11.30-12.30</b> ENPHE Boards meeting  <b>12:30 – 13:00</b> Lunch break  <b>13:00 – 14:00</b> ENPHE Board of Directors and General Assembly Board meeting with the Country coordinators  <b>14:00 – 15:30</b> ENPHE Board of Directors meeting with the Working Group Facilitators  <b>15:30 – 16:30</b> ENPHE Board of Directors meeting with the Students’ Representatives</p>	<p><b>8:30 – 9:00</b> Registration  <b>9:00 – 9:30</b> Opening of the seminar  <b>9:30 – 10:30</b>  Keynote 1: Future Sustainable practices (Erik Jansen)</p> <p>Keynote 2: Environmental Physiotherapy &amp; planetary health (Filip Maric)</p> <p><b>10:45 – 11:15</b> Coffee break &amp; networking meetings  <b>11:15 - 13:00</b> Working groups development  <b>13:00 – 14:30</b> Lunch &amp; networking meetings  <b>14:30 – 15:30</b></p> <ul style="list-style-type: none"> <li>• Working groups development</li> <li>• Board of Directors meeting (when requested)</li> </ul> <p><b>16:00</b></p> <ul style="list-style-type: none"> <li>• ENPHE sports</li> <li>• International collaboration/projects meetings (organised by the members)</li> </ul> <p><b>19:00</b> Social Program-Dinner&amp;Dance</p>	<p><b>9:00 – 11:00</b> Working groups development  <b>11:00 – 11.30</b> Coffee break &amp; networking meetings  <b>11:30 – 13:00</b> Working groups development  <b>13:00 – 14:30</b> Lunch &amp; networking meetings  <b>14:30 – 15:30</b> 10 min presentations of each Working Groups and ESB  <b>15:30 - 16:30</b> – Plenary session</p> <ul style="list-style-type: none"> <li>• General assembly</li> <li>• Presentation of next seminar &amp; conference</li> <li>• Closing</li> </ul>

**ENPHE Conference 2023, 05-07 October 2023, "Educating Physiotherapists for a Global Mindset", Charles University - Faculty of Physical Education and Sport, Prague**

<b>Thursday – ESB day and Boards meeting day (to be held in separate halls)</b>	<b>Friday – conference</b>	<b>Saturday - conference</b>
<p><b>ENPHE Students Day – Student Program</b></p> <p><b>08:30 – 09:00</b> Arrival and registration  <b>09:00 – 10:30</b> Students conference  <b>10:30 – 11:00</b> Coffee break &amp; networking  <b>11:00 – 12:30</b> Students conference  <b>12:30 – 14:00</b> Lunch break &amp; networking  <b>14:00 – 16:00</b> Students conference  <b>16:30 – 17:30*</b> ENPHE Board of Directors meeting with the Students' Representatives</p>	<p><b>ENPHE Boards, Country Coordinators and Working Group Facilitators – ENPHE Management Program</b></p> <p><b>08:30 – 09:00</b> Arrival and registration  <b>09:00 – 09:30</b> ENPHE Boards meeting with the Local Organizing Committee  <b>09:30 – 11:30</b></p> <ul style="list-style-type: none"> <li>• ENPHE Board of Directors meeting</li> </ul> <p><b>09:30-10:30</b> Working Group Facilitators meet each other (in a separate hall)</p> <p><b>11:30 – 12:30</b> ENPHE Board of Directors meeting with General Assembly Board  <b>12:30 – 13:30</b> Lunch break  <b>13:30-14:30</b> ENPHE Board of Directors and General Assembly Board meeting with the Country coordinators  <b>14:30 – 15:30</b> ENPHE Board of Directors meeting with the Working Group Facilitators</p>	<p><b>8:30 – 9:00</b> Registration  <b>9:00 – 9:30</b> Opening of conference  <b>9:30 – 10:00</b> Education for practice: learn (to) understand and explain by Daniel Stach (Blue Hall)  <b>10:00 – 11:00</b> Coffee break &amp; networking meetings  <b>11:00 - 12:00</b> Posters with discussion  <b>12:00 - 13:00</b> INSPIRATION SESSIONS/ WORKSHOPS</p> <ul style="list-style-type: none"> <li>• Facilitation of Learning (Blue Hall)</li> <li>• Research (Small Conference Hall)</li> <li>• Professional Issues (Small Hall)</li> </ul> <p><b>13:00 – 14:30</b> Lunch &amp; networking meetings  <b>14:30 – 15:10</b> With great technology comes great ambiguity: The antihero of AI in health professions education by Michael Rowe (Blue Hall)  <b>15.30</b></p> <ul style="list-style-type: none"> <li>• ENPHE sports</li> <li>• International collaboration/projects meetings (organised by the members)</li> </ul> <p><b>19:00</b> Social Program-Dinner&amp;Dance</p>
<p><b>9:00 – 10:00</b> Outcomes of Erasmus+ Projects (4 presentations-parallel session)  <b>10:00 – 11:00</b> Posters with discussion  <b>11:00 – 11:30</b> Coffee break &amp; networking meetings  <b>11:30 – 12:30</b> INSPIRATION SESSIONS/ WORKSHOPS</p> <ul style="list-style-type: none"> <li>• Internationalisation (Blue Hall)</li> <li>• Interprofessional Learning (Green Hall)</li> <li>• Emergent topics: Artificial Intelligence (Small Hall)</li> <li>• Environmental Physiotherapy (Large Conference Hall)</li> </ul> <p><b>12.30-13.30</b> Lunch &amp; networking meetings  <b>13:30 – 14:30</b> Thesis Awards  <b>14:30 – 15:30</b> -Plenary session</p> <ul style="list-style-type: none"> <li>• General Assembly</li> <li>• Presentation of next seminar &amp; conference</li> <li>• Closing</li> </ul>		

	<p><b>15:30 – 16:30</b> ENPHE Board of Directors meeting with the Supervisory Board</p> <p><b>16.30-17.00</b> Board of Directors meet with the Students' Representatives</p>		
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## **IMPRINT**

ENPHE office AEESF – Associação Europeia de Ensino Superior em Fisioterapia

European Network of Physiotherapy in Higher Education-ENPHE

Rua da Criatividade

Parque Tecnológico de Óbidos

2510-330 Óbidos

Portugal

T: +31 638763541

E: [info@enphe.org](mailto:info@enphe.org)

W: [www.enphe.org](http://www.enphe.org)

Board of Directors 2023

Patrícia Almeida

Bjorg Gudjonsdottir

Jasmin Pekaric

